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Gade, Inger Lise; Severinsen, Marianne Tang; Kragholm, Kristian Hay; Kristensen, Søren Risom; Torp-Pedersen, Christian; Riddersholm, Signe Juul

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Epidemiology of Venous Thromboembolism After Second Cancer

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Inger Lise Gade ^{1,2}
 Marianne Tang Severinsen ^{2,3}
 Kristian Hay Kragholm ^{4,5}
 Søren Risom Kristensen ^{1,3}
 Christian Torp-Pedersen ^{3,5,6}
 Signe Juul Riddersholm⁷

¹Department of Clinical Biochemistry, Aalborg University Hospital, Aalborg, Denmark; ²Department of Hematology and Clinical Cancer Research Center, Aalborg University Hospital, Aalborg, Denmark; ³Department of Clinical Medicine, Aalborg University, Aalborg, Denmark; ⁴Department of Cardiology, North Denmark Regional Hospital, Hjørring, Denmark; ⁵Unit of Clinical Biostatistics, Aalborg University Hospital, Aalborg, Denmark; ⁶Department of Cardiology and Clinical Investigation, North Zealand Hospital, Hillerød, Denmark; ⁷Department of Medicine, Randers Regional Hospital, Randers, Denmark

Background: Venous thromboembolism (VTE) is a serious, yet preventable, complication in cancer. Some patients are diagnosed with a second cancer; however, little is known about the epidemiology of VTE in this population.

Methods: From Danish national healthcare registries, we studied all patients diagnosed with a first breast, prostate, lung, or colorectal cancer from 1995 to 2015. We estimated incidence rates (IRs) of VTE according to the timing of the diagnosis of a second cancer. We controlled for confounder variables in Poisson regression models.

Results: In total, 309,077 patients with a first breast, prostate, lung, or colorectal cancer were included in the study. A second cancer was diagnosed in 20,090 (6.5%) of these patients. In total, 11,908 VTEs were observed in the study period, 786 of these occurred after a diagnosis of second cancer. Second cancer types such as pancreas and stomach cancer were associated with fivefold higher IRs of VTE compared with second cancer types such as breast and prostate cancer. The IR of VTE was highest within the first 6 months after the second cancer was diagnosed (IR 40.5 per 1000 person-years, 95% CI 36.3–42.2) with no differences based on how long since the first cancer it was diagnosed.

Conclusion: The epidemiology of VTE after a second cancer is similar to the epidemiology of VTE after a first cancer with higher rates within the first months after aggressive second cancer types.

Keywords: venous thromboembolism, second cancer, epidemiology, incidence, cancer

Introduction

Venous thromboembolism (VTE) is a frequent complication of cancer that leads to mental and physical morbidity and results in high mortality rates.^{1–5} Cancer survival rates have continuously increased due to accelerated diagnostic work-up and successively refined cancer treatments.^{6,7} Despite these improvements for cancer patients, little is known about their long-term risk of VTE. This growing group of patients, however, represents a considerable proportion patients with VTE, and some of these patients develop a second cancer.^{8–12} The epidemiology of VTE in cancer patients who develop a second cancer has not been previously described.

The aim of this study was to investigate the epidemiology of VTE among patients diagnosed with a second cancer. We used data from Danish nationwide healthcare registers where diagnoses, procedures, and information about reimbursed medicine are prospectively registered at an individual level. This provides unique opportunities for epidemiological research.^{13–15}

Our hypothesis was that cancer patients who develop a second cancer had a higher risk of VTE than patients with only one cancer. We investigated the risk of

Correspondence: Inger Lise Gade
 Department of Hematology, Aalborg University Hospital, Mølleparkvej 4, Aalborg 9000, Denmark
 Tel +45 61656584
 Email ing@rn.dk

VTE based on the timing of the second cancer diagnosis in the subset of the general population diagnosed with a first breast, prostate, lung, or colorectal cancer between 1995 and 2015 from the Danish National Cancer Registry, the Danish National Patient Registry (DNPR), and the Danish National Prescription Registry. Estimates of VTE risk were calculated separately for the following periods after the first and second cancer diagnosis: 0–6 months, 6–12 months, 1–2 years and >2 years.

Methods

Setting

There are approximately 5.5 million people in the Danish population. The Danish Civil Registration system keeps track of the Danish residents' vital status and movement within the Danish border and abroad. This is possible by assigning a unique civil personal registration (CPR) number to all Danish residents at birth or at the time of immigration. The unique CPR number enables linking of information from all Danish registries and cradle-to-grave follow-up at an individual level.¹⁴

Danish residents have income-independent access to universal healthcare. The Danish healthcare system is tax-funded based on individual contacts registered with the CPR number. Hospital admissions, diagnoses, surgeries, and therapies for each contact have been recorded in the DNPR since 1977. Until 1994, the International Classification of Diseases codes—8th edition (ICD-8 codes)—were used for classification of the diagnoses. From 1994 onwards, the ICD-10 classification has been used in the DNPR. Surgeries are registered in the DNPR by the Nordic Medico Statistical Committee (NOMESCO)¹⁶ classification. Since 1995, contacts to outpatient clinics and emergency departments have also been prospectively registered in the DNPR. More than 99% of all contacts to the Danish healthcare system are captured in the DNPR.^{13,17}

Study Population

We included all Danish residents diagnosed with a first primary breast, prostate, lung, or colorectal cancer between 1995 and 2015. Since 1987, the registration of new cancer cases plus certain tumor-like and benign lesions in the Danish National Cancer Registry has been mandatory by law and linked to the DNPR. The Danish National Cancer Registry captures more than 95% of all new cancer cases, and 93% of the diagnoses are verified by microscopy.^{15,18} Study patients were identified in the Danish National Cancer Registry by the

ICD-10 codes C34.0–34.9 for lung cancer, C61.0–61.9 for prostate cancer, C50.0–50.9 for breast cancer, and C18.0–21.9 for colorectal cancer. The last available date of cancer registration was December 31, 2015.

Exposure

Second cancer was identified by the combination of the procedure code AZCA1 in the DNPR, which is used for new malignant diseases not fully registered previously in the Danish National Cancer Registry, and an ICD-10 code within the C00-97 group in the Danish National Cancer Registry. If the second registration was within the same ICD-10 group as the first cancer, we considered the patient as having progression/relapse of the first cancer and did not classify patients as having developed a second cancer. Carcinoma in situ, non-melanoma skin cancer, and benign tumors were excluded. Second cancers were classified as either very high VTE-risk, high VTE-risk, or intermediate/low VTE-risk based on published risk assessment models for prediction of VTE in cancer patients ([Supplementary Table 1](#)).^{19,20}

Outcome and Confounders

Outcome was VTE after a first diagnosis of breast, prostate, lung or colorectal cancer. The VTEs were identified by linkage to the DNPR (ICD-10 I26, I80.0–I80.9). Last date for follow-up of VTE was December 31, 2017. Due to the low positive predictive value of VTE diagnosis codes from emergency departments,²¹ we excluded events that were not subsequently coded in a ward or an outpatient clinic.

VTEs preceding the first cancer diagnosis were identified by the ICD-8 codes 450 and 451 in addition to the aforementioned ICD-10 codes for VTE in the DNPR. Information about anticoagulation medication was retrieved from the Danish National Prescription Registry, in which the type of medicine is registered with the World Health Organization's Anatomical Therapeutic Chemical codes along with dose, pack size and date of reimbursement.²² We used the Anatomical Therapeutic Chemical codes B01AA03, B01AE07, B01AF02, B01AF01, B01AB10, B01AB04, and B01AB05 to identify anticoagulation treatment. If patients were hospitalized and had a period of anticoagulation treatment, they were considered "anticoagulated" during the hospitalization. Information about hospitalization admission and discharge dates was retrieved from the DNPR.

Lower extremity fractures (ICD-10 codes T02, S72, S82, S92) and arthroplasties including surgical revisions

(NOMESCO codes NFB, NFC, NGB and NGC) after the first cancer diagnosis were identified in the DNPR.

Study Design and Statistics

Study entry was the date of diagnosis of one of the studied first cancer types, patients were followed until whichever of the following came first: death, VTE, emigration, or administrative censoring (ie, last follow-up for cancer was December 31, 2015). The patients who were diagnosed with a second cancer during follow-up shifted to contribute with person-time at risk of VTE in the group with a second cancer from the date of the second cancer diagnosis onwards. One day of observation time was given in cases where cancer and VTE were diagnosed on the same date.

Estimates of absolute risk of VTE were measured using incidence rates (IRs) of VTE expressed as events per 1000 person-years (p-y) and associated 95% confidence intervals (CIs). We calculated IRs of VTE in patients with only one cancer and in patients diagnosed with a second cancer. We calculated IRs of VTE for second cancers diagnosed within the following four periods: 0–6 months, 6–12 months, 1–2 years and >2 years after the first cancer. We calculated IRs of VTE by increasing time since diagnosis of first and second cancer, respectively. Additionally, we calculated IRs of VTE according to the second cancers' VTE risk category.

Incidence rate ratios (IRRs) of VTE were estimated using Poisson regression models, including pre-determined time-dependent covariates. Covariates included the second cancer VTE risk group, time since first cancer diagnosis, calendar period, and time since second cancer diagnosis. We defined the following risk periods after the first and possibly second cancer diagnosis: 0–6 months, 6–12 months, 1–2 years and >2 years. Patients who received anticoagulant medication in the study period changed from “not on anticoagulation medication” to “on anticoagulation medication” on the date of first reimbursed prescription, and changed back to “not on anticoagulation medication” status on the date of calculated last anticoagulation medicine dose. Regarding the covariates fractures and arthroplasties, we defined the 90 days following the diagnosis/operation day as the exposed time in accordance with the definition of transient risk factors by the International Society of Thrombosis and Haemostasis.²³ Age was included as a categorical time-dependent variable, and sex and a history of VTE before study entry were included as dichotomous variables.

In a sensitivity analysis, we excluded patients with a history of VTE before study entry.

Ethics

Neither ethical approval nor informed consent is not required for studies based on Danish register data if conducted for the sole purpose of statistics and scientific research. The study was approved by the data responsible institute (Region Hovedstaden – Approval number P-2019-348) in accordance with the General Data Protection Regulation.

Results

Patient Characteristics

A total of 309,077 patients were diagnosed with either a first breast (n = 86,632), prostate (n = 64,381), lung (n = 77,791), or colorectal cancer (n = 80,275) from 1995 to 2015 ([Supplementary Figure 1](#)). The median age at study entry was 70.0 years (25th–75th percentile, 60.2–76.9) and 52% were women ([Table 1](#)). In 10,689 of the study patients, a VTE was registered before the first cancer diagnosis; however, 988 of these VTEs were solely coded in an emergency department. Thus, in total, 9701 study patients were diagnosed with a VTE prior to the first cancer diagnosis (519 concurrent pulmonary embolism and deep vein thrombosis, 2559 pulmonary embolisms and 6623 deep vein thromboses). Median time from the previous VTE to first cancer diagnosis was 6.7 years (25th–75th percentile 2.0–14.3 years). The median follow-up time was 2.4 years (25th–75th percentile, 0.6–6.5 years).

Exposure

A second cancer was diagnosed in 6.5% (20,090) of the study patients, most frequently after a first colorectal or prostate cancer ([Table 2](#)). Seven percent (1431) of the second cancers were classified as very high VTE-risk cancer types, 77.6% (15,592) as high VTE-risk second cancers, and 15.3% (3067) as intermediate/low VTE-risk cancers. The proportion of intermediate/low VTE-risk second cancers was lower in patients with a first prostate and breast cancer than in patients with a first lung or colorectal cancer because the vast majority of intermediate/low VTE-risk second cancers were either prostate or breast cancer.

Outcome

A total of 11,918 VTEs were observed after study entry following exclusion of 1152 VTEs that were coded solely

Table 1 Patient Characteristics According Exposure to Second Cancer in the Study Period, Person-Years (%)

Variable	Second Cancer	
	No (n= 288,987)	Yes (n=20,090)
Sex		
Male	488,950 (96.3)	18,761 (3.7)
Female	777,207 (96.9)	24,650 (3.1)
Age groups		
<50 years	130,577 (98.1)	2491 (1.9)
50–65 years	397,420 (97.8)	9128 (2.2)
66–80 years	537,683 (96.0)	22,403 (4.0)
>80 years	200,476 (95.5)	9389 (4.5)
Calendar Period		
1995–1999	87,853 (98.9)	949 (1.1)
2000–2004	215,895 (98.1)	4102 (1.9)
2005–2009	346,537 (97.1)	10,520 (2.9)
2010–2016	615,871 (95.7)	27,839 (4.3)
First Cancer Type		
Prostate	277,223 (97.0)	8701 (3.0)
Breast	559,518 (97.2)	16,037 (2.8)
Lung	106,012 (97.2)	3096 (2.8)
Colorectal	313,403 (95.3)	15,541 (4.7)
Before Possible Exposure to Second Cancer		
First cancer only	1,266,157	
Second cancer type		
Intermediate/low VTE-risk second cancer ^a		8810
High VTE-risk second cancer ^b		33,323
Very high VTE-risk second cancer ^c		1235
Lower Extremity Fracture		
No	1,261,200 (96.7)	43,188 (3.3)
Yes	4957 (95.7)	223 (4.3)
Arthroplasty		
No	1,263,424 (96.7)	43,302 (3.3)
Yes	2734 (96.2)	109 (3.8)
A History of VTE Before First Cancer		
No	1,241,547 (96.7)	42,615 (3.3)
Yes	24,611 (96.9)	796 (3.1)

Notes: ^aBreast, prostate, indolent lymphoma, chronic leukemias. ^bLung, colorectal, esophagus, kidney, aggressive lymphoma, myeloma, bladder, testicular, gynecologic, other types. ^cStomach, pancreas, brain.

in an emergency department. Ten patients emigrated after a first cancer diagnosis and were years later diagnosed with a VTE after returning to Denmark. These 10 events were not included in the analysis because we did not have data concerning possible second cancer development during their emigration period. Thus, 11,908 VTEs remained in our study (393 concurrent pulmonary embolism and

deep vein thrombosis, 5526 pulmonary embolisms and 5989 deep vein thromboses) ([Supplementary Figure 1](#)). Twelve percent (1400) of the VTEs occurred in patients with a history of VTE before study entry. For further details, see [supplemental results](#). The overall IR of VTE in the study was 9.1 per 1000 p-y (95% CI, 8.9–9.3).

First Cancer and VTE in Unexposed Patients

The overall IR of VTE among patients without a second cancer was 8.9 per 1000 p-y (95% CI, 8.8–9.1); however, there were large variations based on the type of first cancer and time since it was diagnosed. Please see [supplemental results](#) for detailed description ([Table 3](#), [Figure 1](#)).

Second Cancer and VTE

The overall IR of VTE in patients after diagnosis of a second cancer was 20.9 per 1000 p-y (95% CI, 19.4–22.3); however, there was considerable variation based on time since diagnosis and the type of the second cancer.

The IRs of VTE were markedly higher for very high VTE-risk second cancer types than high - and intermediate/low VTE-risk second cancers ([Figure 2](#), [Supplementary Table 2](#)). Very high VTE-risk second cancer was associated with a 5-fold higher risk of VTE than an intermediate/low VTE-risk second cancer in multivariate analysis accounting for: type of and time since first cancer diagnosis; time since second cancer diagnosis; and patient-related factors such as age, sex, anticoagulation treatment, previous VTE, arthroplasties and fractures ([Figure 3](#)).

The IR of VTE was highest within the first 6 months after a second cancer diagnosis. We observed similar 0–6 month IR's for second cancers diagnosed within the first six months after the first cancer diagnosis and second cancers diagnosed later after the first cancer ([Figure 1](#), [Table 3](#)). The impact of a second cancer on the risk of VTE declined with time since the second cancer diagnosis. This association was confirmed by the multivariate analysis where the IRR of VTE more than two years after the second cancer diagnosis was 0.32 (95% CI, 0.23–0.47) compared with the first 0–6 months after the second cancer diagnosis ([Figure 3](#)). Please see [supplemental results](#) for further description.

The impact of a second cancer on the IR of VTE was more pronounced in patients with a first intermediate/low VTE-risk cancer type (ie a first prostate or breast cancer)

Table 2 Distribution of Very-High VTE Risk, High VTE Risk and Intermediate/Low VTE Risk Second Cancers by Type of First Cancer and Time Since Diagnosis Hereof, n (% of Total)

Type of First Cancer	Total, n (% of Vertical Totals)	Time Since First Cancer Diagnosis, n (% of Horizontal Totals)			
		0–6 Months	6–12 Months	1–2 Years	>2 Years
Breast, total	86,631				
Intermediate/Low VTE-risk second cancer types ^a	251 (0.3)	25 (10.0)	18 (7.2)	25 (10.0)	183 (72.9)
High VTE-risk second cancer types ^b	6028 (7.0)	549 (9.1)	246 (4.1)	507 (8.4)	4726 (78.4)
Very-high VTE-risk second cancer types ^c	465 (0.5)	28 (6.0)	31 (6.7)	53 (11.4)	353 (75.9)
Prostate, total	64,381				
Intermediate/Low VTE-risk second cancer types ^a	239 (0.4)	31 (13.0)	13 (5.4)	31 (13.0)	164 (68.6)
High VTE-risk second cancer types ^b	4381 (6.8)	772 (17.6)	345 (7.9)	618 (14.1)	2646 (60.4)
Very-high VTE-risk second cancer types ^c	449 (0.7)	73 (16.3)	46 (10.2)	69 (15.4)	261 (58.1)
Colorectal, total	80,275				
Intermediate/Low VTE-risk second cancer types ^a	1917 (2.4)	342 (17.8)	120 (6.3)	209 (10.9)	1246 (65.0)
High VTE-risk second cancer types ^b	4057 (5.1)	1032 (25.4)	226 (5.6)	370 (9.1)	2429 (59.9)
Very-high VTE-risk second cancer types ^c	373 (0.5)	74 (19.8)	30 (8.0)	48 (12.9)	221 (59.3)
Lung, total	77,790				
Intermediate/Low VTE-risk second cancer types ^a	660 (0.9)	285 (43.2)	50 (7.6)	73 (11.1)	252 (38.2)
High VTE-risk second cancer types ^b	1126 (1.5)	425 (37.4)	101 (9.0)	120 (10.7)	480 (42.6)
Very-high VTE-risk second cancer types ^c	144 (0.2)	46 (31.9)	19 (13.2)	22 (15.3)	57 (39.6)

Notes: ^aBreast, prostate, indolent lymphoma, chronic leukemias. ^bLung, colorectal, esophagus, kidney, aggressive lymphoma, myeloma, bladder, testicular, gynecologic, other types. ^cStomach, pancreas, brain.

than in patients with a first high VTE-risk cancer type (ie a first lung and colorectal cancer). In patients with a first prostate or breast cancer, second cancer lead to markedly higher IRs of VTE than in patients with only prostate or breast cancer regardless of the timing of diagnosis of the second cancer (Table 3). Contrarily, similar 0–6 month IRs of VTE was observed for patients with only lung or colorectal cancer and those who were diagnosed with a second cancer within the first six months after the lung cancer diagnosis. For those with a first lung cancer even if diagnosed with high/very high VTE-risk second cancer types (0–6 month IR of VTE: 55.0, 95% CI, 27.5–110.0). If a second cancer was diagnosed more than one year after a first lung or colorectal cancer diagnosis; however, the IR was higher than in patients free of second cancer (Table 3).

The impact of a second cancer on the risk of VTE in cancer patients was surpassed by exposure to lower extremity fractures (IRR of VTE in exposed period compared with unexposed 12.3, 95% CI, 9.7–15.6), arthroplasties (IRR of VTE in exposed period compared with unexposed 13.8, 95% CI, 10.2–18.5), and a history of VTE (IRR of VTE in patients with a history of VTE compared with no VTE before first cancer 10.8, 95% CI 9.4–12.5) in the multivariate analysis (Supplementary Figure 2).

Exclusion of patients with a history of VTE did not alter the observed associations. The IRs of VTE were generally marginally lower in the sensitivity analysis than in the primary analysis. Largest difference was seen in the IR of VTE within 0–6 months after a first lung cancer diagnosis (primary analysis: IR in unexposed patients 65.6, 95% CI, 61.7–67.8; sensitivity analysis: IR in unexposed patients 54.3, 95% CI, 52.5–57.2) (Table 3 and Supplementary Table 3). Similarly, the association with second cancer remained in the sensitivity analysis after adjustment for confounder variables; IRR of VTE in very high VTE-risk second cancer compared with unexposed patients was 4.66 (95% CI, 2.71–8.04) (Supplementary Figure 3).

Discussion

This nationwide study on VTE among 309,077 patients diagnosed with a first breast, prostate, lung, or colorectal cancer in the period between 1995 and 2015 had two key findings. First, the impact of a second cancer on the IR of VTE was dependent on the type of second cancer and the time since second cancer diagnosis. The association was strongest for very high VTE-risk second cancer types such as pancreatic and stomach cancers within the first months after the second cancer diagnosis. Second, the impact of a

Table 3 Incidence Rates (per 1000 p-y) of VTE by Increasing Time Since First/Second Cancer Diagnosis According to When Patients Were Diagnosed with the Second Cancer

First Cancer Type Time Since First Cancer Diagnosis	Without Second Cancer					Second Cancer, All VTE Risk Groups Combined									
	Time Since Second Cancer					6–12 Months					1–2 Years				
	n (VTE)	IR	95% CI	n (VTE)	IR	95% CI	n (VTE)	IR	95% CI	n (VTE)	IR	95% CI	n (VTE)	IR	95% CI
First cancer, total															
0–6 months	4,175	31.6	30.6–32.5	56	37.4	28.8–48.5	22	19.2	12.6–29.1	26	15.3	10.4–22.5	41	7.7	5.6–10.4
6–12 months	1,229	11.2	10.6–11.8	18	36.4	23.0–57.8	12	32.9	18.7–57.9	11	20.5	11.3–37.0	15	8.9	5.4–14.8
1–2 years	1,345	7.4	7.0–7.8	37	42.4	30.7–58.5	7	10.7	5.1–22.4	15	15.5	9.3–25.7	31	10.8	7.6–15.3
>2 years	4,373	5.2	5.1–5.4	211	41.3	36.1–47.2	71	18.4	14.6–23.2	77	13.6	10.8–16.9	136	9.6	8.1–11.3
Breast															
0–6 months	496	11.9	10.9–13.0	8	30.8	15.4–61.7	3	14.2	4.6–43.9	7	21.3	10.1–44.8	5	4.1	1.7–9.6
6–12 months	263	6.7	6.0–7.6	6	49.7	22.3–110.6	na	na	na	3	20.9	6.8–64.9	3	4.7	1.5–14.5
1–2 years	341	4.8	4.3–5.3	11	45.1	25.0–81.6	na	na	na	5	17.6	7.3–42.4	10	9.1	4.9–16.9
>2 years	1,674	4.0	3.8–4.2	87	41.3	33.5–51.0	28	17.3	11.9–25.0	33	13.9	9.8–19.4	58	9.1	7.1–11.9
Prostate															
0–6 months	479	15.8	14.5–17.3	11	30.2	16.7–54.6	7	24.4	11.6–51.2	7	16.2	7.7–34.0	9	7.1	3.7–13.6
6–12 months	188	6.8	5.9–7.8	7	44.6	21.3–93.7	3	28.0	9.0–87.7	na	na	na	na	na	na
1–2 years	330	6.9	6.2–7.7	11	39.2	21.7–70.7	4	19.6	7.4–52.2	6	21.3	9.5–47.4	8	12.9	6.5–25.8
>2 years	1,178	6.9	6.5–7.3	59	51.8	40.2–66.9	18	22.7	14.3–36.1	19	17.3	11.1–27.2	25	12.4	8.4–18.4
Colorectal															
0–6 months	1,480	43.7	41.5–46.0	26	42.2	28.7–61.9	8	16.4	8.2–32.8	10	13.6	7.3–25.3	21	8.3	5.4–12.8
6–12 months	374	13.2	12.0–14.7	4	25.7	9.7–68.6	3	23.9	7.7–74.1	6	31.0	13.9–69.0	9	15.8	8.2–30.4
1–2 years	359	7.8	7.1–8.7	10	37.9	20.4–70.4	na	na	na	4	12.7	4.8–33.8	13	13.9	8.1–23.9
>2 years	1,147	5.6	5.3–5.9	57	36.8	28.4–47.7	17	14.1	8.8–22.7	21	11.2	7.3–17.3	45	9.0	6.7–12.0
Lung															
0–6 months	1,720	64.6	61.7–67.8	11	42.3	23.4–76.4	4	25.0	9.4–66.6	na	na	na	6	17.6	7.9–39.2
6–12 months	404	26.6	24.1–29.3	na	na	na	4	105.8	39.7–281.9	0	0	0	na	na	na
1–2 years	315	18.4	16.5–20.6	5	59.1	24.6–142.0	na	na	na	0	0	0	0	0	0
>2 years	374	8.0	7.2–8.8	8	25.4	12.7–50.7	8	33.9	17.0–67.8	4	11.8	4.4–31.5	7	8.3	4.0–17.5

Abbreviations: CI, confidence interval; IR, incidence rate; VTE, venous thromboembolism.

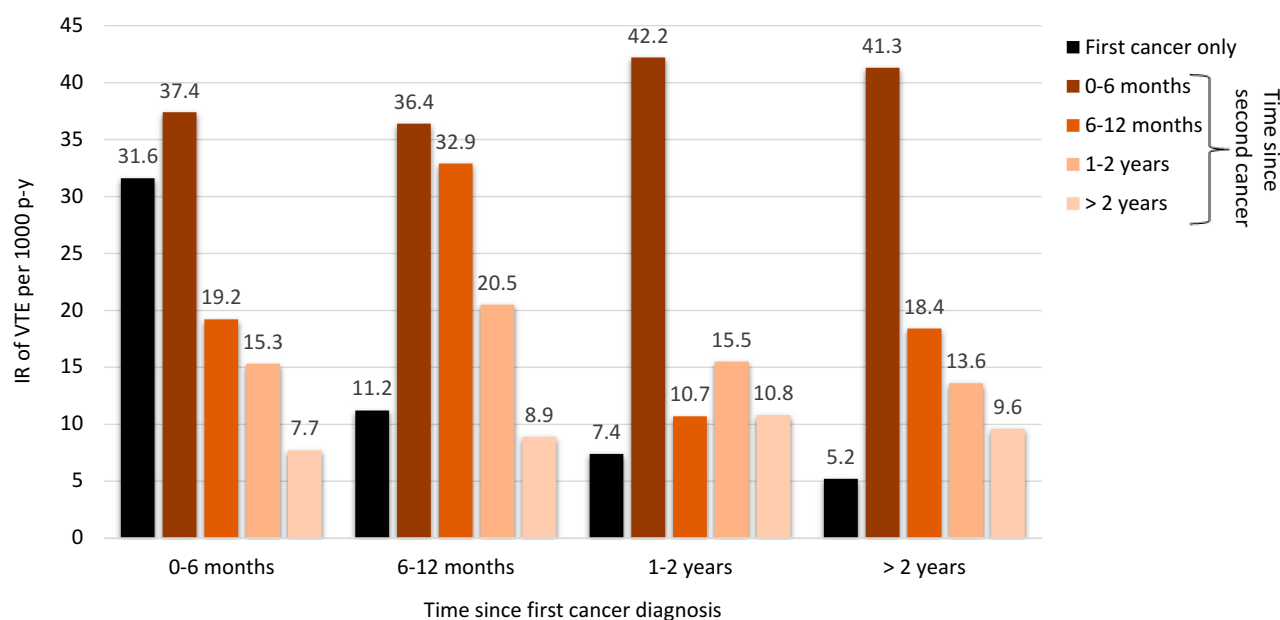


Figure 1 Incidence rates of VTE by time since first cancer according to time since second cancer, if exposed in the period.

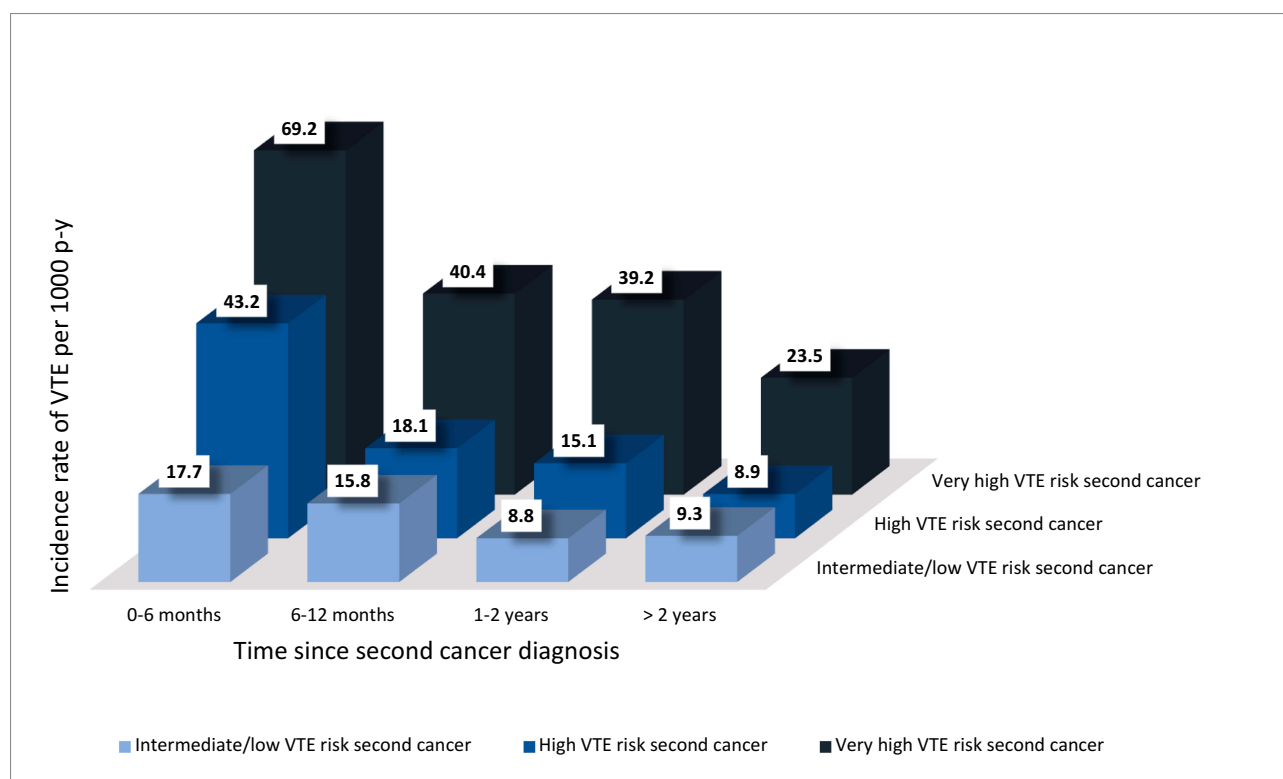


Figure 2 Incidence rates of VTE by time since second cancer diagnosis for each of the three second cancer VTE-risk groups.

second cancer on the IR of VTE was dependent on the type of patient's first cancer and timing of the second cancers diagnosis. A second cancer did not markedly alter the risk of VTE for patients with a newly diagnosed

high VTE-risk first cancer type, while second cancers diagnosed later or in patients with even newly diagnosed low VTE-risk first cancers was associated with markedly higher IRs of VTE.

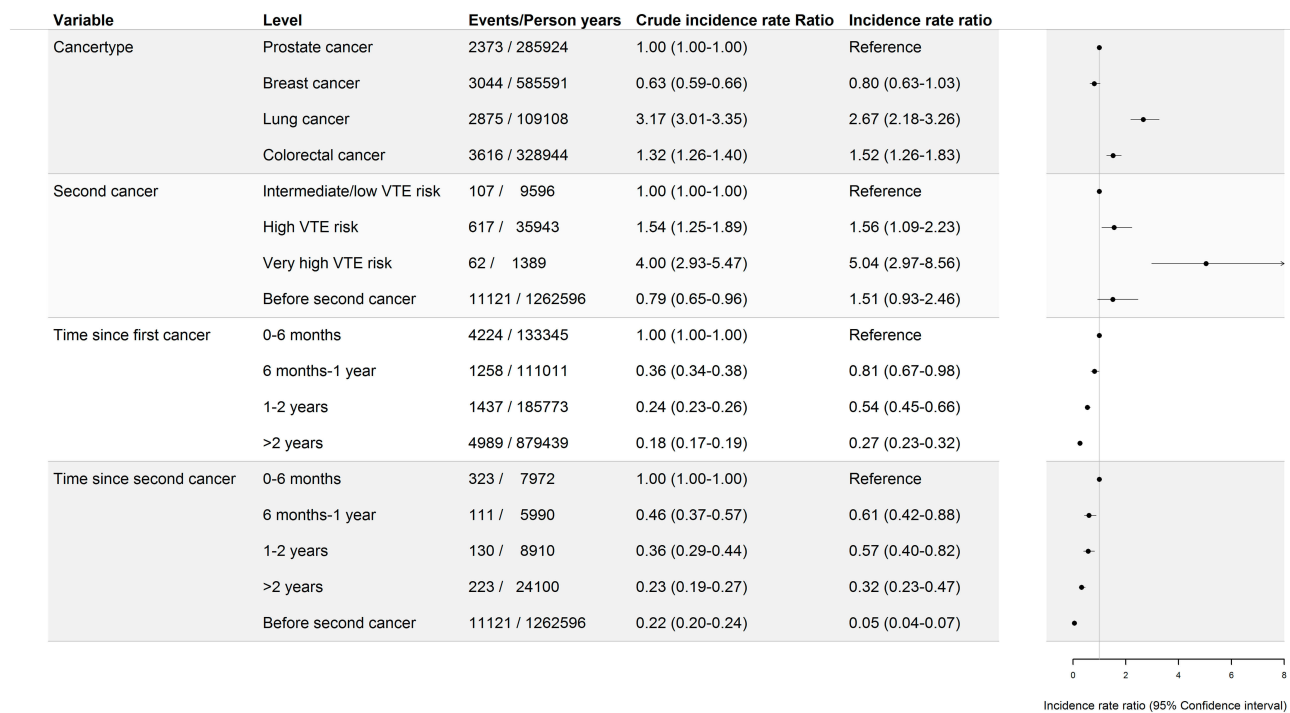


Figure 3 Crude and adjusted incidence rate ratios (IRR) of VTE, adjusted estimates are depicted in the forest plot.

Our observations concerning second cancer and cancer associated VTE are first in class. The associations with type and time since second cancer diagnosis and risk of VTE observed in this study are, however, a spitting image of well-known effects of type of and time since first cancer and VTE.²⁴⁻³⁰ Development of second cancer is associated with increased risk of VTE recurrence.^{31,32} We found that exposure to a second cancer also increases the risk of a first incident VTE in cancer patients, which is new and important information for both clinicians and researchers within the field of cancer associated thrombosis, obvious as it might seem. Our paper for the first time confirms what is possibly already presumed as common sense or biological plausible based on knowledge of the pathophysiology of cancer-associated VTE.

Based on our observations in this study, we propose that clinicians should consider thromboprophylaxis for patients who are diagnosed with a second cancer in the same way that thromboprophylaxis is considered for first cancer cases. In addition, we suggest that cancer patients who undergo arthroplasty, get a lower extremity fracture and those with a history of VTE before the cancer diagnosis undergo careful evaluation of the benefit of prophylactic anticoagulant treatment, as they are at a particularly higher risk of VTE than cancer patients without these risk factors. Cancer is generally considered a high-risk factor in guidelines for the prophylaxis of surgical thrombosis.^{33,34}

We found a markedly higher risk of VTE as long as 6 months after both first and second cancer diagnoses in a multi-variate analysis. It has been estimated that 70% of all VTEs are hospital acquired.³⁵ In a recent Australian study, Stubbs et al found that the risk of hospital-acquired VTE was markedly higher for cancer patients than cancer-free patients.³⁶ Four weeks of postoperative thromboprophylaxis is currently recommended for both open - and laparoscopic cancer surgery in the Danish guidelines, that are based on international guidelines.³⁷⁻³⁹ The Australian data showed that the risk of hospital acquired VTE while still hospitalized was indeed higher for surgical patients than for medical patients. Interestingly, the risk of VTE was markedly higher for at least 90 days after hospital discharge for medical patients compared with surgical patients.³⁶ Current Danish guidelines suggest in-hospital thromboprophylaxis for immobilized, hospitalized medically ill cancer patients. Future research should aim at identifying subgroups of medically ill, hospitalized cancer patients who might benefit from thromboprophylaxis after discharge.

In our study design, we took advantage of the opportunities provided by high-quality person-time data from the Danish national healthcare registries, including all follow-up data. Invalid VTE diagnoses were excluded before data analysis, exposures, and relevant confounder variables were allowed to vary over time. Despite these

advantages, our study has important limitations to bear in mind. First, we did not include information about chemotherapy, as this information is not validated for all cancer types. In a previous study concerning VTE in chronic lymphocytic leukemia patients, we observed an apparent under-reporting of traditional chemotherapy and antibody-based regimens for this patient group.⁴⁰

Some of the very-high VTE-risk second cancers were diagnosed in close timely relation to the first cancer and, in some of these cases, a VTE may have been registered before the second cancer was diagnosed. This would draw our observations towards the null-hypothesis of no differences in VTE occurrence in patients who develop a second cancer and those who do not and, hence, underestimate the impact of a second cancer on the risk of VTE. The reported increased IRs of VTE in patients diagnosed with a second cancer in our study are thus conservative estimates of the impact of development of a second cancer on the risk of VTE.

Future studies on cancer-associated VTE, both short- and long-term, should address possible second cancers, as they are frequent after some cancer types and can have a significant effect on the risk of VTE. The impact of a second cancer on the risk of cancer-associated VTE needs investigation, as prevention strategies could be appropriate for certain groups. The results from this study, however, need confirmation in other cohorts including other types of first cancers.

In conclusion, we examined the epidemiology of cancer-associated VTE with regards to diagnoses of a second cancer. Patients diagnosed with a second cancer had higher IRs of VTE in general. The IR of VTE was highest in very high/high VTE-risk second cancer types within the first six months after the second cancer diagnosis.

Author Contributions

I. L. Gade conceived the idea of the study. I. L. Gade and S. J. Riddersholm are responsible for the study design, data managing and analysis, interpretation of the results and they wrote the first draft and revised it. M. T. Severinsen, K. H. Kragholm, and S. R. Kristensen contributed to the study design, interpretation of results, reviewed and commented on the manuscript. S. R. Kristensen contributed to the study design, interpretation of results and reviewed and commented the manuscript. C. Torp-Pedersen provided access to the study data, contributed to the study design, interpretation of results and reviewed and commented on the manuscript. All authors

contributed to data analysis, drafting or revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

Disclosure

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